

# RON HOFFMAN



## BIO

Ron Hoffman co-founded the Gordon T. Heald ALS fund along with Elizabeth Heald following the death of her husband Gordon in Oct. 1998. In time Ron's work led to the creation of the non-profit organization Compassionate Care ALS. He has served as founder and director working with over 1000 individuals, families and communities living with Lou Gehrig's Disease. He facilitates and guides intimate discussions for those engaged in the complexities of living with this catastrophic illness. Ron's work helps examine the myriad of choices and possibilities that people confront including the process of death and dying and the questions that arise as together they create space for dialogue around their decisions.

Originally born in Richmond, Virginia, he currently lives in West Falmouth, Massachusetts, with Moses, his Bernese mountain dog.

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## CREDENTIALS

Ron has studied with many great teachers in preparation for his unique path in the world, including Roshi Joan Halifax of the Upaya Institute, Steven Foster, his wife Meredith Little and Dr. Scott Eberle of the School of Lost Borders, and Jeffrey Duvall of the Men's Council Project, and Tom Daley of the Living Arts Foundation.

He leads in-services and trainings for hospice workers and health care professionals as well as nursing and medical students.

He is a former board member of Men's Leadership Alliance of Boulder, Colorado

He is a past board member of the Hospice and Palliative Care Federation of Massachusetts.

Ron serves in many ways as a resource for individuals and organizations around the country.

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## REVIEWS

*"Sacred Bullet is Ron Hoffman's riveting report from the front line -- the front line of providing deep service to those affected by ALS, one of the most devastating of diseases. From the opening pages to the last, his passionate voice leaps up and out of this memoir, touching equally the heart and mind of the reader. Open this book, dive in, be swept along on this incredible whirlwind journey of service, and be amazed. Truly amazed." ~*  
Dr. Scott Eberle Author, *The Final Crossing: Learning to Die in Order to Live*

*"A deep and personal encounter with the suffering of others, Ron Hoffman brings great wisdom and compassion to the bedside. This book inspires us to be courageous and real. A powerful path to awakening." ~* Joan Halifax, PhD Upaya Zen Center

*"In this book there is a redemption story of manhood and the human family that is filled with jewels of inspiration for us all." ~* Jeffrey Duvall,

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## SACRED BULLET

It has been said that our greatest gifts come from our deepest wounds. Ron Hoffman has lived his life in testament to these words, having survived a nearly fatal bullet wound as a boy of ten. Join him as he describes the chaos that ensued from the suffering of his childhood, which eventually led him to his current position as a national leader in the holistic care of people living with Lou Gehrig's disease, ALS. Share in this story of a man who lives daily in the trenches of life and death, and who brings to it the compassion and insight of a spiritual leader, one who has done his personal soul mending and who encourages and supports others in doing the same.

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## CONTACT

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